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FOR IMMEDIATE RELEASE
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**Preemies Today Presents a Parent Lecture Series
Understanding Developmental Delays and Child Development**

(Silver Spring, MD) – During select Saturdays in March, April, and May. Preemies Today presents a four-part lecture series at Holy Cross Hospital in Silver Spring, MD on "Understanding Developmental Delays and Child Development" at 2 p.m., starting March 14th. The lectures are free and open to the general public. A suggested donation of \$25 per lecture for non-Preemies Today members is appreciated.

The scheduled speakers and their topics are listed below. For more information about this lecture series, please call (703) 229-0835.

March 14: Carla Reed, PT, Anat Baniel Practitioner
Help Your Child Move More Easily with the Anat Baniel Method

The Anat Baniel Method (ABM) offers scientifically-based strategies for giving a child the information to learn how to move easily and attend intelligently.

March 28: Mary Rentschler, M.Ed.
Moving Toward Integration: Brain Gym and Reflexes

Brain Gym uses movement, posture and stimulation of acupuncture points to integrate brain function and enhance proprioceptive, vestibular and sensory processing skills.

Reflexes give babies learning experiences that build the foundation for motor development and sensory integration. Too weak, too strong, or retained for too long, they can interfere with cortical processing and impede development.

April 18: Kelli Atangan, SLP
Expanding the Diets of Children with Sensory-Based Feeding Disorders

This lecture will focus on expanding the tastes and textures your child accepts in order to create a more well-balanced diet.

May 2: Nancy Lews, O.D.
Understanding Vision Development in the Preschool Child: Activities for Mind and Body

This session will be a hands-on discussion of vision and vision development. You will learn how to facilitate the development of those visual skills that are needed for success in the classroom and in life.

Preemies Today is a non-profit organization run by volunteers whose mission is to provide outreach and support programs to families affected by a premature birth in the Washington, D.C. metropolitan area. For further information regarding Preemies Today go to the organization's website at www.preemiestoday.org

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